

It's the *Goals* Rush Challenge!

Strike It Rich By Creating Your List of 101 Goals!

You were meant to experience abundance in every facet of your life! It's your job to choose WHAT that abundance is.

This exercise will change your life for the rest of your life because you're now choosing how you want to live.

It begins by creating your own 101 Goals.

I recommend you print this form first so that you can sit down in a relaxing atmosphere, and really think about what you want for your life...the big stuff and the little stuff. The places you want to go, the things you want to do, the contributions you want to make, the wealth and health you want to create for yourself.

Then start writing. Open your mind to all the possibilities. Limitations and restrictions have no place in your life anymore! Write down every goal and wish you can think of.

Doing this may take several hours to complete, but it is absolutely necessary for YOUR life that you complete this exercise. If you have to, schedule two sittings for yourself this week so that you can ensure this exercise is completely done, and your better life has begun!

When you've finished writing your 101 Goals, I also recommend that you prioritize them in simple "A, "B," or "C" status...whatever system you want to use so that you know which goals you'll be pursuing first.

Then, send us your goals. All 101 of them!

Fill them in or type or write on a separate piece of paper. Scan and email your goal rush list to info@tamaraaron.com.

These will never be posted or published anywhere. By sending us your goals, we are able to check in on you from time to time, and give suggestions for your progress. And, in one year's time, we are going to be sending these goals back to you. You'll be surprised at how many goals you will have already achieved just because you took time to write them down.

Creating your better life is simply deciding on exactly what that better life is, then taking decisive action steps toward that life.

Do it now. Change your life.



	GOAL	PRIORITY
1	_____	_____
2	_____	_____
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GOAL

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GOAL

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